



# 2018 COURSE CATALOG

## Instructor-Led Training Programs

### Abstract

Smart Safety & Development Solutions provides a wide variety of training materials and techniques to enhance the learning atmosphere of and retention for each student. We guarantee the highest level of customer service to ensure that we exceed the expectations of our clients.

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# TRAINING PROGRAMS

<p><b>Accident Investigation for Healthcare</b>          When working in a medical environment, there are a number of specific hazards that can lead to accidents or injuries. Accidents can happen anywhere at any time, so it's important to be well prepared to handle these potentially difficult situations. This program covers:</p> <ul style="list-style-type: none"> <li>• When to investigate</li> <li>• The accident scene</li> <li>• Interviewing witnesses</li> <li>• Reviewing records</li> <li>• Analyzing information</li> <li>• Communicating recommendations</li> </ul>	<p><b>Accident Investigation: Determining Root Causes</b>          Offers a systematic approach for effectively investigating all types of accidents and determining their root causes in order to prevent future incidents. This program covers:</p> <ul style="list-style-type: none"> <li>• Purpose of an accident investigation</li> <li>• Responding to different types of accidents</li> <li>• Conducting an investigation</li> <li>• Techniques for getting accurate results when interviewing witnesses</li> <li>• Documenting findings and corrective actions</li> <li>• Implementing improvements</li> </ul>
<p><b>Accident Investigation: Examining The Details</b>          Explains the importance of implementing a successful accident investigation process by training workers how to figure out exactly why an accident occurred, in order to achieve a safer workplace for everyone in the future. This program covers:</p> <ul style="list-style-type: none"> <li>• What to investigate</li> <li>• Reviewing records</li> <li>• The accident scene</li> <li>• Analyzing information</li> <li>• Interviewing witnesses</li> <li>• Communicating recommendations</li> </ul>	<p><b>Aerial Lift Safety</b>          Addresses 1910.67/ANSI A92.6          Teaches best safety practices, housekeeping, and equipment maintenance techniques to prevent aerial lift accidents at your site, including scenarios when working with or around electricity, working in inclement weather, and working in an elevated bucket. This program covers:</p> <ul style="list-style-type: none"> <li>• Fall protection, load requirements, and equipment</li> <li>• Pre-start inspections</li> <li>• Safe use</li> </ul>
<p><b>Air Emissions</b>          Complies with the Clean Air Act          Teaches specific environmental regulations pertaining to emissions. Ideal for all employees who operate equipment or execute processes that can affect emissions. This program covers:</p> <ul style="list-style-type: none"> <li>• Definition of air emissions</li> <li>• The broad impact regulations have on a facility</li> <li>• Measures employees can take to help ensure environmental Compliance</li> </ul>	<p><b>Ammonia Safety</b>          Addresses OSHA 29 CFR 1910.111          Teaches workers to be aware of hazards, as well as proper handling skills when working with ammonia. This program covers:</p> <ul style="list-style-type: none"> <li>• What is anhydrous ammonia?</li> <li>• Potential hazards</li> <li>• Best safety practices</li> </ul>

<p><b>Asbestos 3-Part Series</b> Addresses OSHA 29 CFR 1910.1001 Uses multiple scenes from different building environments to teach how to prevent exposure and medical complications by following proper procedures when handling asbestos. This three-part series includes:</p> <ul style="list-style-type: none"> <li>• Asbestos Awareness</li> <li>• Asbestos Maintenance</li> <li>• Asbestos Understanding The Hazards</li> </ul>	<p><b>Asbestos Awareness</b> Addresses OSHA 29 CFR 1910.1001 Teaches how to handle asbestos safely. Includes demonstrations of asbestos removal using glove bags and isolation space removal.</p>
<p><b>Asbestos: Maintenance</b> Addresses OSHA 29 CFR 1910.1001 Teaches janitorial and other maintenance workers protective measures to reduce potential exposure and what to do if asbestos is discovered in the work environment.</p>	<p><b>Asbestos: Understanding The Hazards</b> Addresses OSHA 29 CFR 1910.1001 Teaches the potential hazards posed by asbestos-containing materials, such as ceiling panels, insulation, and floor tiles, and how to reduce worker exposure.</p>
<p><b>Back Injury Prevention: You're in Control</b> Teaches best practices for maintaining a strong and healthy back to reduce injuries and their associated cost. This program covers:</p> <ul style="list-style-type: none"> <li>• How the back functions</li> <li>• Correct lifting and carrying techniques</li> <li>• Correct posture</li> <li>• Stretching to prevent injury</li> <li>• How good health reduces chance of injury</li> </ul>	<p><b>Back Safety</b> Teaches how to avoid back injuries, with demonstrations on heavy lifting and moving techniques in several real-world work environments. This program covers:</p> <ul style="list-style-type: none"> <li>• How the back works</li> <li>• Common back injuries</li> <li>• Risk factors</li> <li>• Preventive measures</li> <li>• Proper lifting techniques</li> </ul>
<p><b>Back Safety: Lift For Life</b> Demonstrates how many causes of back injury can be prevented by teaching employees to follow proper lifting techniques and the basics of back safety. This program covers:</p> <ul style="list-style-type: none"> <li>• Common back injuries</li> <li>• Accessing the lift</li> <li>• Proper posture</li> <li>• Lifting safely</li> <li>• Reducing the hazard</li> <li>• Other risk factors</li> </ul>	<p><b>Back Safety: The Ergonomic Connection</b> Teaches that a solid back safety program is critical to help prevent back injuries and reduce the associated costs for the success of your business. This program covers:</p> <ul style="list-style-type: none"> <li>• How the back works</li> <li>• Proper body mechanics</li> <li>• Common back injuries</li> <li>• Risk factors</li> <li>• Preventive measures</li> </ul>

<p><b>Behavior Based Safety 4-Part Series</b> Covers all aspects of starting and running a behavior-based safety program. Uses scientifically proven training and reinforcement techniques to encourage personal responsibility for safety from everyone in your organization by identifying and rewarding safe behavior, rather than assigning blame for unsafe behavior. This four-part series includes:</p> <ul style="list-style-type: none"> <li>• The Key Components</li> <li>• Make the Right Decision</li> <li>• Starting the Process</li> <li>• The Manager’s Role</li> </ul>	<p><b>Behavior Based Safety: Key Components</b> Supports maintaining the program and gives detailed instructions on ensuring its effectiveness.</p>
<p><b>Behavior Based Safety: Making the Right Decision</b> Presents behavior-based safety to staff and crew members, and explains the theory behind behavior-based programs and their part in making the system work.</p>	<p><b>Behavior Based Safety: Start The Process</b> Gives step-by-step instructions on starting and implementing a behavior-based safety program.</p>
<p><b>Behavior Based Safety: The Manager’s Role</b> Explains how managers can move from the ineffective “safety cop” role to successfully in influencing their staff’s safety behavior.</p>	<p><b>Benzene Safety</b> Teaches the permissible exposure levels for working with and near benzene and how to safely handle this chemical. Appropriate for a wide range of employees. This program covers:</p> <ul style="list-style-type: none"> <li>• Health hazards associated with benzene</li> <li>• Best safety practices</li> <li>• PPE</li> <li>• Monitoring techniques</li> <li>• Industrial applications</li> </ul>
<p><b>Bloodborne Pathogens</b> Addresses OSHA 29 CFR 1910.1030. Includes Hepatitis C. Promotes awareness of bloodborne diseases, provides definitions of bloodborne pathogens, the modes of transmission, misconceptions concerning the diseases, how to recognize exposure situations, and the universal precautions required. This program covers:</p> <ul style="list-style-type: none"> <li>• Understanding bloodborne pathogens</li> <li>• Modes of transmission</li> <li>• Best practices</li> <li>• Personal protective equipment</li> <li>• Exposure procedures</li> </ul>	<p><b>Bloodborne Pathogens - With Hepatitis C</b> Addresses OSHA 29 CFR 1910.1030 Helps ensure employees stay safe when working with or around Hepatitis C. This program covers:</p> <ul style="list-style-type: none"> <li>• Bloodborne pathogens, including Hepatitis B and C, and HIV</li> <li>• Modes of transmission</li> <li>• Exposure situations</li> <li>• Exposure control plans</li> <li>• What to do if exposed</li> </ul>

<p><b>Bloodborne Pathogens for Healthcare</b>  Helps ensure that healthcare personnel utilize standard precautions to understand that all blood, body fluids, secretion, excretion (except sweat), nonintact skin, and mucous membranes may contain bloodborne pathogens. This course covers:</p> <ul style="list-style-type: none"> <li>• What are bloodborne pathogens?</li> <li>• Diseases that could be transmitted</li> <li>• Potential exposure routes</li> <li>• How to protect yourself</li> <li>• What to do if exposure occurs</li> </ul>	<p><b>Bloodborne Pathogens: Exposure Prevention V2</b>  Teaches the risks and preventive measures of exposure to workers in all levels of occupation at risk of exposure to bloodborne pathogens, including Hepatitis B, Hepatitis C, and HIV/AIDS. This program covers:</p> <ul style="list-style-type: none"> <li>• Understanding bloodborne pathogens</li> <li>• Best practices</li> <li>• Modes of transmission</li> <li>• Personal protective equipment</li> <li>• Exposure procedures</li> </ul>
<p><b>Bloodborne Pathogens: Universal Precautions</b>  Addresses OSHA 29 CFR 1910.1030  Keeps workers informed about situations where infection from blood and other body fluids are a risk factor. This program covers:</p> <ul style="list-style-type: none"> <li>• What are bloodborne pathogens?</li> <li>• How to protect yourself</li> <li>• Diseases that could be transmitted</li> <li>• What to do if exposure does occur</li> <li>• Potential exposure routes</li> </ul>	<p><b>Cold Stress</b>  Protects workers from chilling hazards like frostbite and hypothermia, and helps prevent costly accidents. The program covers:</p> <ul style="list-style-type: none"> <li>• Frostbite</li> <li>• Protecting yourself</li> <li>• Best practices for hypothermia</li> </ul>
<p><b>Combustible Dust Incident Prevention</b>  Educates employees to be alert for hazards and promotes commitment to following good housekeeping and safe work practices. This program covers:</p> <ul style="list-style-type: none"> <li>• Hazards of combustible dust</li> <li>• Preventing dust explosions</li> <li>• Emergency procedures</li> </ul>	<p><b>Compressed Gas Cylinders</b>  Addresses OSHA 29 CFR 1926.350  Teaches best safety practices when working with or around compressed gas cylinders. Relevant to all workers who handle and work around gas cylinders. This program covers:</p> <ul style="list-style-type: none"> <li>• Pre-use inspection and testing</li> <li>• Proper storage and transportation</li> <li>• Best safety practices</li> </ul>
<p><b>Confined Spaces: The Hidden Threat</b>  Addresses OSHA 1910.146  Teaches the importance of testing the atmosphere to eliminate and control all hazards before entering a permit-required confined space. This program covers:</p> <ul style="list-style-type: none"> <li>• Confined space hazards</li> <li>• Preparing a confined space for entry</li> <li>• Working in a confined space</li> </ul>	<p><b>Confined Space Entry: No Time For Error</b>  Addresses OSHA 29 CFR 1910.146  Exposes the dangers of confined spaces. Provides workers with the knowledge to work safely within potentially hazardous conditions and teaches best safety practices when working in or near confined spaces. This program covers:</p> <ul style="list-style-type: none"> <li>• What is a confined space?</li> <li>• Proper entry procedures including permits, monitoring, and PPE</li> <li>• Associated hazards and responsibilities</li> </ul>

<p><b>Confined Spaces: Construction Site Safety</b>  Addresses OSHA 1926 Subpart AA  Teaches the importance of testing the atmosphere to eliminate and control all hazards before entering a permit-required confined space. This program covers:</p> <ul style="list-style-type: none"> <li>• Confined space hazards</li> <li>• Preparing a confined space for entry</li> <li>• Working in a confined space</li> </ul>	<p><b>Confined Space Entry 2-Part Series</b>  Addresses OSHA 29 CFR 1910.146  Brings together two significant training topics in confined space safety training. This two-part series includes:</p> <ul style="list-style-type: none"> <li>• Emergency Rescue</li> <li>• Permit Required</li> </ul>
<p><b>Confined Space Entry: Emergency Rescue</b>  Addresses OSHA 29 CFR 1910.146  Helps protect construction workers against exposure to serious safety or health hazards in permit-required confined spaces that are unique to construction sites. This program covers:</p> <ul style="list-style-type: none"> <li>• Confined space hazards</li> <li>• Preparing a confined space for entry</li> <li>• Working in a confined space</li> </ul>	<p><b>Confined Space Entry: Permit Required</b>  Addresses OSHA 29 CFR 1910.146  Trains workers on the hazards of working in a confined space and the importance of following proper entry procedures. This program covers:</p> <ul style="list-style-type: none"> <li>• What is a confined space?</li> <li>• Proper entry procedures including permits, monitoring, and PPE</li> <li>• Associated hazards and responsibilities</li> </ul>
<p><b>Contractor &amp; Visitor Awareness</b>  Teaches workers to understand the role of visitors and contractors at the site, and their responsibility regarding contractor and visitor awareness. This program covers:</p> <ul style="list-style-type: none"> <li>• Identifying contractors/visitors</li> <li>• The role of contractors/visitors at your site</li> <li>• Best practices for working with or around contractors and/or visitors</li> </ul>	<p><b>Contractor Safety 7-Part Series</b>  Motivates workers to follow safety procedures that prevent injuries and keep all workers safe when performing work at your facility. Each individual presentation demonstrates live-action situations in many types of work environments. The series includes:</p> <ul style="list-style-type: none"> <li>• Overview</li> <li>• Lab Workers</li> <li>• Office Workers</li> <li>• Construction Workers</li> <li>• Operations/Delivery Workers</li> <li>• Permit Required Activities</li> <li>• Hazard Communication</li> <li>• Chemical Process Workers</li> </ul>

<p><b>Construction: Awareness for Most Common Hazards</b>  Construction sites have four major categories of hazards. Understanding examples of each hazard and going through best practices to ensure that all workers have the knowledge they need to stay safe on the job site and avoid accidents is a must. This program covers:  OSHA Focus Four  • Fall hazards • Electrocutation hazards  • Struck-by hazards • Caught in-between hazards</p>	<p><b>Construction Safety: Orientation</b>  Ensures retention of vital safety training content by teaching a wide range of best safety practices for construction workers. This program covers:</p> <ul style="list-style-type: none"> <li>• PPE</li> <li>• Hazard recognition</li> <li>• Hazardous materials safety</li> <li>• Vehicle traffic</li> <li>• Ladder safety</li> <li>• Hoists and slings</li> <li>• Electrical hazards</li> <li>• Excavations</li> <li>• Fall prevention</li> <li>• Scaffolding safety</li> <li>• Housekeeping</li> <li>• Hot work</li> </ul>
<p><b>Controlling Spills</b>  Addresses OSHA 29 CFR 1910.120  Teaches employees the procedures outlined in the Hazardous Waste Operations Regulation. This program features real-life examples in a number of different work settings effectively demonstrating best safety practices for spill containment, cleanup, and decontamination.</p>	<p><b>Crane Safety 4-Part Series</b>  Addresses OSHA 29 CFR 1910.179  Incorporates expert training for a variety of common cranes to not only help train your workers, but also to create awareness and respect for the catastrophic consequences associated with most crane accidents. This dynamic 4-part series includes:</p> <ul style="list-style-type: none"> <li>• Mobile Cranes</li> <li>• Overhead Operations</li> <li>• Pendant-Controlled Cranes</li> <li>• Radio-Controlled Cranes</li> </ul>
<p><b>Crane Operations: Hand Signals</b>  Addresses OSHA 29 CFR 1926.1428  Ensures workers know and understand the universal, non-verbal hand signals that are used while working with and around these potentially dangerous and massive machines. This program covers:</p> <ul style="list-style-type: none"> <li>• The signal person's role</li> <li>• Best work practices</li> <li>• Standard hand signals</li> </ul>	<p><b>Cranes: Mobile Crane Safe Operations</b>  Addresses OSHA 29 CFR 1910.180 and ASME B30.5-2007  Trains employees on safe operating practices. Appropriate for anyone working with or around mobile cranes. This program covers:</p> <ul style="list-style-type: none"> <li>• Pre-operation set-up and inspection</li> <li>• Planning a lift</li> <li>• Load chart interpretation</li> <li>• Safe and efficient operating techniques</li> </ul>

<p><b>Decontamination: The Decontamination Zone</b>  Addresses OSHA 29 CFR 1910.120  Stresses the importance of safely removing contaminants before leaving the worksite by training workers to protect themselves, coworkers, and the environment from exposure to hazardous substances. Appropriate for all industries. This program covers:</p> <ul style="list-style-type: none"> <li>• Why decontamination procedures are necessary</li> <li>• Objectives for organizing the decontamination zone</li> <li>• Step-by-step procedures to follow when decontaminating</li> <li>• Proper dismantling and disposal of the zone when decontamination is complete</li> </ul>	<p><b>Delivering the Goods</b>  Teaches how to safely navigate routes and instructs delivery workers on a full range of related safety issues. Highly effective safety training for route sales and delivery people. This program covers:</p> <ul style="list-style-type: none"> <li>• Hazard identification</li> <li>• Three-point contact for vehicle entry and exit</li> <li>• Safe lifting and loading techniques</li> <li>• Best safety practices</li> </ul>
<p><b>Disaster Readiness</b>  Addresses OSHA 29 CFR 1910.38  Helps workers prepare and plan for any potential emergency. This program covers:</p> <ul style="list-style-type: none"> <li>• The importance of planning and preparing for emergency situations</li> <li>• Variables to consider for proper preparation</li> <li>• Elements of a comprehensive emergency response plan</li> <li>• Best practices for a variety of emergency situations</li> </ul>	<p><b>Distracted Driving: Forever and Ever</b>  Provides an impactful story of a distracted driving accident that leaves a lasting message. Based on real-life situations, Forever and Ever shows how one wrong decision can drastically change the lives of everyone involved. This important story compels drivers of all ages to realize that when you're behind the wheel there is nothing that takes precedence over operating the vehicle safely. Change the behavior of your employees and their families with this insightful and powerful program.</p>
<p><b>Decision Driving</b>  Teaches the importance of a positive approach to safe driving and how to expand your field of vision on the road. Includes skills for planning an escape route in the event of an accident ahead, as well as how to take safe but decisive action behind the wheel.</p>	<p><b>Decision Driving Modules 1-6</b>  Provides tips and techniques that teach employees who drive how to avoid accidents by calling upon proven safe driving techniques. Perfect for professional drivers, route delivery drivers, traveling salespeople, and even employees with a longer commute. Series includes:</p> <ul style="list-style-type: none"> <li>• Positive Approach to Safe Driving</li> <li>• Expand Your Look Ahead Capacity</li> <li>• Size Up the Whole Scene</li> <li>• Signal Your Intentions Early</li> <li>• Plan an Escape Route</li> <li>• Take Decisive Action</li> </ul>

<p><b>DOT/CSA: Profiled In Safety</b> Addresses FMCSA CSA Trains commercial carriers to understand new tracking methods and their obligation for compliance with this standard. Easily merge into the CSA safety regulations with this training program that covers:</p> <ul style="list-style-type: none"> <li>• Measurement</li> <li>• Evaluation</li> <li>• Intervention</li> <li>• Impact on drivers</li> </ul>	<p><b>DOT Training 4-Part Series</b> Addresses FMCSA Parts 392, 393 and 396 Teaches the importance of safety to commercial motor vehicle drivers, including 16-passenger vans and 18-wheelers. These four programs are an essential part of FMCSA compliance training and will assist you with preventing costly on-the-road accidents. Series includes:</p> <ul style="list-style-type: none"> <li>• DOT: Driver Logs</li> <li>• DOT: Driver Qualifications</li> <li>• DOT: Driver Wellness</li> <li>• DOT: Pre and Post Trip Inspection</li> </ul>
<p><b>Driven Driver</b> Uses a variety of road scenes to motivate drivers to respect potential hazards and drive defensively. Teaches the acronym SPACE (Speed, Patience, Awareness, Concentration, and Exit) to help drivers retain and apply safe driving techniques. Perfect for sales, service, and other employees who drive a vehicle. This program covers:</p> <ul style="list-style-type: none"> <li>• Safe driving skills</li> <li>• Loading the vehicle</li> <li>• Peripheral vision</li> <li>• Parking and backing</li> <li>• Vehicle familiarity</li> <li>• Safe following distance</li> <li>• Seat belt use</li> </ul>	<p><b>Drug Testing Awareness</b> Teaches important information about the ill effects of drugs and alcohol on employee working ability. Employees who understand the consequences are more likely to resist using. This program covers:</p> <ul style="list-style-type: none"> <li>• When testing needs to occur, including pre-employment, random, post-accident, reasonable suspicion, return to duty, and follow-up testing</li> <li>• Why testing for alcohol and other drugs is required for transportation workers</li> <li>• Importance of maintaining a drug- and alcohol-free workplace</li> </ul>
<p><b>Drug Testing Awareness 2-Part Series</b> Creates an awareness and respect for the negative consequences of using alcohol and other drugs on the job, reducing the hazards and associated consequences. This two-part series includes:</p> <ul style="list-style-type: none"> <li>• Employee</li> <li>• Supervisor</li> </ul>	<p><b>Electrical Safety 3-Part Series</b> Addresses OSHA 29 CFR 1910.331-1910.335 Emphasizes best safety practices and teaches employees how to safely work with or near electricity. Series includes:</p> <ul style="list-style-type: none"> <li>• What Is Electricity?</li> <li>• Safe Work Practices</li> <li>• Qualified Personnel</li> </ul>
<p><b>Electrical Safety: Controlling The Hazards</b> Addresses OSHA 29 CFR 1910.331-1910.335 Features footage from a variety of workplace settings to teach any type of worker how to identify potential electrical hazards, as well as steps to take to prevent electrical incidents from happening in the first place. This program covers:</p> <ul style="list-style-type: none"> <li>• How electricity works</li> <li>• Good housekeeping for electrical safety</li> <li>• Recognizing electrical hazards</li> <li>• Grounding electrical equipment</li> <li>• Proper tool selection and use</li> <li>• Best safety practices</li> </ul>	<p><b>Electrical Safety: High Voltage 2-Part Series</b> Addresses OSHA 29 CFR 1910 Subpart S Trains workers to establish and maintain a respect for the dangers of working with high-voltage electricity. Each program presents critical training elements and best practices that ensure workers are aware and ready for the potential hazards they face on the job. Series includes:</p> <ul style="list-style-type: none"> <li>• High Voltage Awareness</li> <li>• High Voltage Safe Work</li> </ul>

### Electrical Safety: Shockproof 2-Part Series

Addresses OSHA 29 CFR 1910 Subpart S

Featuring scenes from a wide variety of workplace settings, this program differs from other electrical safety programs available, because it covers an array of important topics and addresses not only OSHA standards, but also NFPA guidelines. Relevant to all types of workers. The series includes:

- Qualified Employee
- Unqualified Employees

### Energized Electrical Work Permit

Teaches qualified workers what an energized electrical work permit is and what information is required to be provided before work can begin. This program covers:

- Preparing yourself and the worksite
- What is the Energized Electrical Work Permit?
- Additional NFPA 70E requirements when working on or near energized electrical parts or systems

### Environmental Management System

Offers a systematic approach to managing employee interaction with the environment. Teaches employees how they interface with their surroundings, what regulations and requirements apply to their situations, and best practices to safely manage their specific jobs to be both efficient and environmentally aware.

### Ergonomics: Preventing MSDs 2-Part Series

OSHA-proposed Ergonomic Guidelines for General Industry Teaches about musculoskeletal disorders and how to reduce worker exposure to risk factors and prevent injury. Depicts preventative measures that apply to almost any work environment, using a wide variety of scenes with dynamic 3-D graphics. Series includes:

- Employees
- Supervisor

### Employee Safety Orientation

Helps eliminate incidents and accidents in the workplace.

This program covers:

- Responsibilities of employee and employer
- Lockout/Tagout: what it is and why it's used
- Common workplace hazards
- Importance of good housekeeping
- Identifying signs and placards
- Prohibited activities and unacceptable behavior
- SDS information

### Environmental Awareness

Uses a variety of industrial settings to clearly summarize the many facets of complying with environmental law.

Ideal for all employees, this program covers:

- Waste minimization, disposal, and recycling
- Engineering controls
- Hazardous material handling
- Good housekeeping practices
- Material storage

### Ergonomic Management 4-Part Series

Addresses OSHA Ergonomic Guidelines

Helps reduce the number of ergonomic-related injuries at your facility. This program covers:

- Ergonomic Overview
- Qualitative Analysis
- Job Hazard Analysis
- Administrative Controls

### Excavations Trenching & Shoring

Addresses OSHA 29 CFR 1926.651 - 1926.652

Presents several different forms of shoring in a variety of different worksites to demonstrate best safety practices to keep employees safe and your site on schedule. The program covers:

- Overview of protective systems
- Regulatory requirements
- Best safety practices

### Excavations: Safe Work Essentials

Addresses OSHA 29 CFR 1926.651 - 1926.652

Educates workers that every soil is different, no two excavations are the same, and every situation can be hazardous. Helps ensure awareness of the hazardous injuries that can occur from excavations on any type of worksite. This program covers:

- What are excavations
- Potential hazards
- Protective measures
- Safe work practices

### Eye Safety: Focused on Protection

Helps prevent eye injuries by teaching that being proactive, having proper selection and use of eye and face protection, and using safety eyewear every time it's needed can preserve worker eyesight for a lifetime. This program covers:

- Workplace hazards
- Protective eyewear
- Best work practices

### Eye Safety: No Second Chances

Addresses OSHA 29 CFR 1910.132

Features scenes from a variety of jobsites and situations where eye protection is needed and used correctly to teach workers to respect eye protection and understand the life-long consequences of not using adequate eye protection. The program covers:

- Anatomy of the eye
- Dangers of UV and infrared light
- Hazard recognition
- First aid procedures
- Five most common eye hazards
- Selection, use, and care of eye protection

### Fall Protection: Elevated Platforms

Addresses OSHA 29 CFR 1910.23 & 1910.67

Helps ensure that workers are aware of and alert to the risks of working at any elevated height. Features sophisticated graphics and on-site footage to capture the dangers of working on elevated platforms. This program covers:

- Flatbed trucks
- Scissor lifts
- Loading process
- Overhead crane bridges
- Proper lanyard use

### Fall Protection: Taking Control

Addresses OSHA 29 CFR 1926.502 and 1910.66

Helps eliminate fall incidents from occurring by teaching workers how to stay safe and protected when working with several different types of fall arrest equipment. This program covers:

- Anchor points
- Full body harness
- Rope grabs
- Lanyards
- Lifelines

### Fire Extinguisher Basics and Maintenance

Choosing to face a fire with a fire extinguisher is not a simple decision, with many important choices that need to be made before one is even picked up. When workers are properly trained, fire extinguishers can save lives and property by putting out a small fire or controlling a fire until additional help arrives. This program covers:

- Fire Extinguishers
- Extinguisher Basics and Use
- Company Policy and Fire
- Maintenance and Testing Emergency Action Plan

### Fire Prevention

Addresses OSHA 29 CFR 1910.157

Educates workers on important fire procedures and preventive steps to take should a fire develop, as well as how to operate a wide variety of fire extinguishers. Appropriate for a variety of workplaces and features real firefighting situations. This program covers:

- Proper handling and storing of flammable liquids
- Evacuation procedures
- Good housekeeping
- Fire prevention measures
- Best safety practices

### Flammable Liquids: Know Your Risk

Complies with 29 CFR 1910.106

Teaches how to properly handle flammable liquids in order to stay safe and how to avoid accidents in a range of workplaces. This program covers:

- Flammable liquids
- Ignition source
- Flammable vapors
- Best work practices

<p><b>Flex-N-Stretch 2-Part Series</b>          Demonstrates exercises and uses sports injury analogies to stress the importance of injury prevention. Leader cards, wallet cards, poster, and manual are available. Series includes:</p> <ul style="list-style-type: none"> <li>• Facilitators and Team Leaders</li> <li>• Employees</li> </ul>	<p><b>Food Safety &amp; Sanitation</b>          Addresses OSHA 29 CFR 1910.141          Teaches the proper procedures and laws to follow to ensure food is handled safely. This program covers:</p> <ul style="list-style-type: none"> <li>• The importance of safe food handling and sanitation</li> <li>• The most common foodborne diseases and how they are transmitted</li> <li>• The laws and procedures that your employer follows to prevent foodborne illness</li> <li>• Steps that you can take to keep the food you handle as safe as Possible</li> </ul>
<p><b>Foot Protection</b>          Addresses the Foot Protection sub-part of OSHA 29 CFR 1910.132          Teaches construction and manufacturing workers, as well as those working around chemicals or electricity, how to protect their feet on the job. Crucial for any workers facing potential hazards to the feet. This program covers:</p> <ul style="list-style-type: none"> <li>• Types of footwear</li> <li>• Daily inspections</li> <li>• Getting a good fit</li> <li>• Working safety</li> </ul>	<p><b>Forklift Operations: Safety Driven</b>          Addresses OSHA 29 CFR 1910.178          Trains forklift drivers to recognize hazards and follow proper operating procedures, as mandated by OSHA, to prevent costly accidents and injuries. This program covers:</p> <ul style="list-style-type: none"> <li>• Daily inspections</li> <li>• Maintaining stability</li> <li>• Driving a forklift</li> <li>• Handling loads</li> </ul>
<p><b>Forklift Safety 3-Part Series</b>          Addresses OSHA 29 CFR 1910.178          Presents multiple jobsites and a variety of everyday situations to help workers relate the importance of forklift safety in their specific jobs. Series includes:</p> <ul style="list-style-type: none"> <li>• Basic Orientation</li> <li>• Best Operating Practices</li> <li>• Refueling Procedures</li> </ul>	<p><b>Forklift Safety: Basics and Best Practices</b>          To prevent forklift accidents, OSHA mandates that every forklift operator must be properly trained and certified before using the equipment. Learn general awareness and best practices to safely operate forklifts. Help create a safer work environment for you and your coworkers. This program covers:</p> <ul style="list-style-type: none"> <li>• Before operating a forklift</li> <li>• Best work practices</li> <li>• Keeping forklifts stable</li> </ul>
<p><b>Formaldehyde</b>          Addresses OSHA 29 CFR 1910.1048          Uses sophisticated graphics and scenes from multiple jobsites to teach employees who work with or are exposed to formaldehyde to understand the different exposure levels, and the importance of utilizing engineering controls and safe work practices to ensure safety. The program covers:</p> <ul style="list-style-type: none"> <li>• Health hazards and routes of entry</li> <li>• Best safety practices</li> <li>• PPE</li> </ul>	<p><b>GHS – Global Harmonized System (Labeling &amp; Classification)</b>          Addresses OSHA 29 CFR 1910.1200          Helps ensure workers understand the global standard for safe handling of hazardous chemicals. This program covers:</p> <ul style="list-style-type: none"> <li>• Introduction to GHS</li> <li>• Classification</li> <li>• GHS labels</li> <li>• Safety data sheets</li> <li>• Best safety practices</li> </ul>

<p><b>Hand &amp; Power Tool Safety</b>  Addresses OSHA 29 CFR 1910.242  Helps avoid carelessness, poor housekeeping, and misuse by teaching workers how to stay safe when using hand and power tools. Presented in a “how to” format for improved training effectiveness. This program covers:</p> <ul style="list-style-type: none"> <li>• Work preparation - PPE selection</li> <li>• Safe work practices for all tools</li> <li>• Choosing the right tool for the job</li> </ul>	<p><b>Hand Safety</b>  Addresses OSHA 29 CFR 1910.138  Teaches that machine guards, screens, and the array of engineered safety devices offer protection only when engineering controls and safety procedures are used. Includes scenes from laboratories and manufacturing sites, such as steel mills and auto parts makers. This program covers:</p> <ul style="list-style-type: none"> <li>• The hand and how it works</li> <li>• Best safety practices</li> <li>• The importance of correctly using engineered safety devices</li> <li>• First aid to minimize the effect of injuries that do occur</li> </ul>
<p><b>Hand Safety: Injury Prevention &amp; Procedures</b>  Workplace hand injuries are often preventable. Prevention begins by focusing on the task at hand, as well as by recognizing and respecting the hazards that are present. In this program, you and your employees will learn the measures it takes to protect your hands and to prevent injury while on the job. This program covers:</p> <ul style="list-style-type: none"> <li>• Hazard controls and your responsibility</li> <li>• Hand injuries and best work practices</li> <li>• Treating hand injuries</li> </ul>	<p><b>Hazard Recognition: Out of the Ordinary</b>  Addresses OSHA 29 CFR 1910.1200  Teaches how to identify different types of hazards commonly found in the workplace and how to use all of the senses to recognize and prevent hazards. This program covers:</p> <ul style="list-style-type: none"> <li>• The specific skills and techniques for accurately recognizing hazards</li> <li>• Workers’ personal responsibilities in incident prevention</li> </ul>
<p><b>Hazardous Materials for Field Service: Materials of Trade</b>  Addresses OSHA 29 CFR 1910.120 and DOT 49 CFR 173.6  Educates workers on DOT hazardous material regulations in order to promote protection of themselves and the public from the potential hazards of carrying materials needed to do their job. This program covers:</p> <ul style="list-style-type: none"> <li>• What work materials are subject to DOT regulations under what conditions</li> <li>• How to meet the requirements of hazardous materials regulations</li> <li>• How to protect themselves, the public, and the environment from potential hazards</li> </ul>	<p><b>Hazardous Waste: Containing The Danger</b>  Addresses EPA regulations, 40 CFR Subchapter I - Solid Wastes (Parts 239 - 282)  Helps ensure employees work proactively to protect human health and the environment by teaching the correct safety regulations and best work practices to follow when working with hazardous waste. This training includes the option of incorporating test questions into the presentation of each section. This program covers:</p> <ul style="list-style-type: none"> <li>• Hazardous waste determination</li> <li>• Satellite accumulation areas</li> <li>• Central storage areas</li> <li>• Universal waste</li> </ul>

<p><b>HAZWOPER 8-Part Series</b>  Addresses Hazardous Waste &amp; Emergency Response OSHA 29 CFR 1910.120  Uses scenes from a wide variety of facilities and worksites to help build employee interest and understanding. Suitable for 8-hour, 24-hour, or 40-hour training programs. Series includes:</p> <ul style="list-style-type: none"> <li>• Controlling Spills</li> <li>• Decontamination: The Decontamination Zone</li> <li>• Hazard Communication: Erase The Mystery</li> <li>• PPE: Create the Barrier</li> <li>• Preventing Spills: Small Spill Prevention</li> <li>• Respirators: General Awareness</li> <li>• Respirators: Air Purifying</li> <li>• Respirators: Atmosphere Supplying</li> </ul>	<p><b>Hearing Conservation: What Do You Want To Hear?</b>  Addresses OSHA 29 CFR 1910.95  Helps prevent hearing loss and its associated costs by training workers to recognize when hearing protection is needed and the symptoms of overexposure. This program covers:</p> <ul style="list-style-type: none"> <li>• How the ear works</li> <li>• The correct use of hearing protection</li> <li>• Why hearing is permanently affected by exposure to loud noises</li> <li>• Best safety practices</li> </ul>
<p><b>Heat Stress</b>  Helps prevent heat stress-related incidents from occurring by teaching workers to be proactive in recognizing heat stress symptoms, and how to take quick corrective action to minimize negative health effects. This program covers:</p> <ul style="list-style-type: none"> <li>• How the body handles heat</li> <li>• Types of heat-related disorders</li> <li>• Preventive measures</li> <li>• Recognizing symptoms</li> <li>• Helping coworkers suffering from heat stress</li> </ul>	<p><b>Hexavalent Chromium</b>  Addresses OSHA CFR 1910.1026 and 1926.1126  Teaches how to stay protected against the dangers of this silent killer. This program covers:</p> <ul style="list-style-type: none"> <li>• What is hexavalent chromium?</li> <li>• Air monitoring and medical surveillance</li> <li>• Respiratory protection and PPE</li> <li>• Safe work practices</li> </ul>
<p><b>HMH 4-Part Series</b>  Presents complex regulatory information in an easy-to-understand manner so that workers learn and retain best safety practices and prevent hazardous material incidents from occurring. Series includes:</p> <ul style="list-style-type: none"> <li>• HMH: Hazardous Materials Transportation</li> <li>• Hazard Communication:</li> <li>• HMH: Hazwoper Erase the Mystery</li> <li>• Hazardous Materials Handling: PPE</li> </ul>	<p><b>HMT 7-Part Series</b>  Addresses DOT 49 CFR Transportation Subpart C, parts 171-185 Series includes:</p> <ul style="list-style-type: none"> <li>• HMT: Bulk Transport</li> <li>• HMT: Safe Work Practices</li> <li>• HMT: General Awareness</li> <li>• HMT: Security Awareness</li> <li>• HMT: Handling Non-Bulk Packages</li> <li>• HMT: Shipping Requirements</li> <li>• HMT: Safety Requirements for drivers</li> </ul>

<p><b>Hoists &amp; Slings</b></p> <p>Addresses OSHA 29 CFR 1910.179 and 1910.184</p> <p>Trains workers on proper sling inspection, selection, and use to prevent material lifting accidents at your site. Covers a wide range of industries; featured hoist types include hand operated, air or electric powered wire rope, electric chain operated, and vacuum powered. This program covers:</p> <ul style="list-style-type: none"> <li>• Types of hoists and slings and their proper uses</li> <li>• Best safety practices</li> <li>• Factors to consider when choosing a hoist or sling</li> <li>• Load handling</li> <li>• Inspection procedures</li> <li>• Safe use, care, and storage</li> </ul>	<p><b>Holiday Safety</b></p> <p>Helps to ensure your employees stay out of the emergency room by taking home safe work practices for the holidays. This program covers:</p> <ul style="list-style-type: none"> <li>• Proper eye protection</li> <li>• Seat belt use</li> <li>• Back injury prevention</li> <li>• Ladder safety</li> </ul>
<p><b>Hot Work Permit</b></p> <p>Educates workers on proper procedures and safe work practices to prevent personal injury and property damage. This program covers:</p> <ul style="list-style-type: none"> <li>• Identifying potential hazards</li> <li>• PPE</li> <li>• Permit procedures</li> <li>• Best safety practices</li> </ul>	<p><b>Hydrogen Sul de</b></p> <p>Helps protect workers from eye irritation, respiratory illness, nerve damage, and even death, by teaching how to recognize the symptoms of exposure to H2S and best safety practices to avoid exposure in the first place. This program covers:</p> <ul style="list-style-type: none"> <li>• What is hydrogen sulfide (H2S)?</li> <li>• PPE for working with or around H2S</li> <li>• Permissible exposure levels to H2S</li> <li>• Detecting and monitoring H2S</li> <li>• Symptoms of exposure to H2S</li> <li>• Emergency response procedures</li> </ul>
<p><b>Hypothermia: Cold Weather Prevention</b></p> <p>Creates awareness and respect for the hazards associated with overexposure to cold weather and the elements. Features contractors, maintenance workers, operators, and utility and delivery workers. This program covers:</p> <ul style="list-style-type: none"> <li>• What is hypothermia?</li> <li>• Preventive measures</li> <li>• Symptoms of hypothermia</li> <li>• Treatment procedures</li> </ul>	<p><b>Incident Investigation</b></p> <p>Addresses OSHA 29 CFR 1910.119</p> <p>A dynamic, media-rich training program set in a variety of work settings. Ideal for all employers. This program covers:</p> <ul style="list-style-type: none"> <li>• Purpose of incident investigation</li> <li>• Analyzing information</li> <li>• Gathering information</li> <li>• Recommending corrective actions</li> <li>• Interviewing witnesses</li> </ul>

<p><b>Job Safety Analysis</b> Addresses OSHA 20 CFR 1910.119 Teaches workers how to perform a correct and effective job safety analysis. This program covers:</p> <ul style="list-style-type: none"> <li>• The purpose and benefits of JSA</li> <li>• The criteria for selecting job functions to analyze</li> <li>• Defining basic job steps</li> <li>• Identifying potential hazards</li> <li>• Developing approaches that will eliminate or control the hazards</li> </ul>	<p><b>Lab Safety</b> Addresses OSHA 29 CFR 1910.1450 Helps protect staff and property by teaching employees how to work safely in a lab environment. This program covers:</p> <ul style="list-style-type: none"> <li>• Best safety practices</li> <li>• Potential exposure to hazardous chemicals</li> <li>• Engineering updates including proper ventilation</li> <li>• Correct use of PPE</li> </ul>
<p><b>Ladder Safety</b> Addresses OSHA 29 CFR 1910.25, 1910.26, and 1910.29 Teaches important ladder best safety practices. This program covers:</p> <ul style="list-style-type: none"> <li>• Ladder selection</li> <li>• Safe use</li> <li>• Proper set-up</li> <li>• Care and maintenance</li> </ul>	<p><b>Laser Safety</b> Addresses ANSI Z136 Corrects employee misconceptions about industrial lasers while educating workers about best safety practices for compliance with OSHA and ANSI guidelines and regulations. This program covers:</p> <ul style="list-style-type: none"> <li>• Necessary safety precautions to prevent eye injury and burns</li> <li>• The proper eyewear protection for laser operations</li> <li>• Preventing secondary injury from indirect laser exposure</li> <li>• Identifying different types of lasers</li> <li>• Potential hazards when working with lasers</li> </ul>
<p><b>Leadership Skills For Safety</b> Ensures workers understand the nature of hazardous energy, including how to control it and stay safe while working on machines to avoid injury. This program covers:</p> <ul style="list-style-type: none"> <li>• Importance of Lockout/Tagout</li> <li>• Overview of Lockout/Tagout procedures</li> <li>• Responsibilities of affected personnel</li> <li>• De-energizing and restoring equipment to service</li> <li>• Planning</li> <li>• Finding all energy sources</li> <li>• Additional safety measures</li> <li>• Working as a group</li> </ul>	<p><b>Lead Safety</b> Addresses OSHA 29 CFR 1910.1025 and 29 CFR 1926.62 Teaches best safety practices for reducing the concentration of airborne lead particles and eliminating the potential for overexposure. Ideal for construction, chemical, manufacturing, petroleum, maintenance, and utility employees exposed to lead on the job. This program covers:</p> <ul style="list-style-type: none"> <li>• How lead enters the body</li> <li>• Effects of overexposure</li> <li>• Preventative measures and safe work practices</li> <li>• Requirements for regulating an area</li> <li>• Why and how preventive measures/controls are used</li> </ul>

<p><b>Lead Safety: Uncovering The Dangers</b>  Addresses OSHA 29 CFR 1910.1025 and 29 CFR 1926.62  Empowers you by providing proven strategies for lead safety. This program covers:</p> <ul style="list-style-type: none"> <li>• Safety-oriented behavior techniques</li> <li>• Systematic approaches for correcting unsafe acts and conditions</li> <li>• Hazard recognition</li> <li>• Interpersonal communication skills</li> <li>• Accident investigation</li> <li>• Positive reinforcement follow-up theory</li> <li>• Job safety analysis</li> </ul>	<p><b>Lockout/Tagout 3-Part Series</b>  Addresses OSHA 29 CFR 1910.147  Series includes:</p> <ul style="list-style-type: none"> <li>• Lockout/Tagout: Affected Employees</li> <li>• Lockout/Tagout: Authorized Employees</li> <li>• Lockout/Tagout: Compliance</li> </ul>
<p><b>Lockout/Tagout: Employee Awareness</b>  Addresses OSHA 29 CFR 1910.147  Teaches the importance of following proper procedures and best safety practices when dealing with machinery that utilizes a large amount of energy. This program covers:</p> <ul style="list-style-type: none"> <li>• The importance of Lockout/Tagout procedures</li> <li>• Overview of Lockout/Tagout procedures</li> <li>• Preventing hazardous energy releases</li> </ul>	<p><b>Machine Guard Awareness</b>  Addresses OSHA 20 CFR 1910.213, 1910.261, 1910.215, 1910.217, 1910.243, and 1926.300  Helps protect workers from these preventable injuries by teaching respect for the dangers of unguarded machine parts. This program covers:</p> <ul style="list-style-type: none"> <li>• Hazards associated with machines</li> <li>• Purpose and function of machine guards</li> <li>• Best safety practices</li> </ul>
<p><b>Machine Guarding</b>  Instructs employees on the full range of machine guards and on their use and maintenance to avoid injury while on the job. This program covers:</p> <ul style="list-style-type: none"> <li>• Common hazards</li> <li>• Purpose and function</li> <li>• Safe work practices</li> </ul>	<p><b>Manual Material Handling</b>  Trains on the necessities of lifting, moving, and storing materials in order to get the job done safely. This program covers:</p> <ul style="list-style-type: none"> <li>• Safer lifting</li> <li>• Manual pallet jacks</li> <li>• Hand trucks</li> <li>• Material stacking</li> </ul>
<p><b>Marine Facilities Security</b>  Addresses MTSA Act  Trains employees on the MTSA Act and how it affects workers in marine facilities. The program covers:</p> <ul style="list-style-type: none"> <li>• What is the MTSA Act?</li> <li>• The employee’s role in maintaining marine security</li> <li>• Potential security risks found in marine facilities</li> </ul>	<p><b>Muscle Strains &amp; Sprains</b>  Teaches the importance of hazard recognition, body mechanics, and properly preparing the body for manual tasks through real work situations. This program covers:</p> <ul style="list-style-type: none"> <li>• How muscles, bones, tendons, and ligaments work together</li> <li>• The importance of health and nutrition</li> <li>• The importance of stretching and fitness to avoid strains and sprains</li> <li>• Best safety practices to prevent injuries</li> <li>• Correct stretching techniques</li> </ul>

<p><b>Needlesticks: Avoiding Exposure</b>  Addresses OSHA 29 CFR 1910.1030 - Needlestick Safety &amp; Prevention Act  Trains hospital-based and other healthcare personnel on best safety practices to avoid needlestick injuries and their associated consequences, providing them with the tools to keep them safe and informed. This program covers:</p> <ul style="list-style-type: none"> <li>• Bloodborne pathogens and exposure routes</li> <li>• Exposure control plan</li> <li>• PPE, work practice, and engineering controls</li> <li>• Safer medical devices</li> <li>• What to do if exposure occurs</li> <li>• The sharps injury log</li> </ul>	<p><b>NFPA 70E: Arc Flash and Arc Blast Protection</b>  Addresses 2015 NFPA 70E Standard  Teaches workers how to deal with electrical hazards as safely as possible and what it takes to do their jobs without getting hurt or killed. Updated for the 2015 NFPA 70E standard. This program covers:</p> <ul style="list-style-type: none"> <li>• Electrical hazards and injuries</li> <li>• De-energizing equipment</li> <li>• Working "hot"</li> </ul>
<p><b>Office Ergonomics</b>  Shows a broad range of office situations and computer use to teach workers how to be more comfortable at work and lower stress and injury caused by awkward positions and repetitive tasks. This program covers:</p> <ul style="list-style-type: none"> <li>• Definition of ergonomics</li> <li>• Proper posture</li> <li>• Ergonomic risk factors</li> <li>• Effective ways to prevent injuries</li> <li>• Recognizing and respecting early warning signs</li> </ul>	<p><b>Office Safety</b>  Trains of Office workers to spot potential hazards and provides best safety practices for keeping incidents from occurring.</p>
<p><b>OSHA Recordkeeping</b>  Addresses OSHA 29 CFR 1904  Teaches workers how to use the 300 Log to identify workplace hazards, assist OSHA Representatives, and maintain compliance at your site.</p>	<p><b>Pallet and Skid Safety</b>  Helps ensure product integrity and worker safety. This program covers:</p> <ul style="list-style-type: none"> <li>• Types of wooden skids and pallets</li> <li>• Weight capacities</li> <li>• Wood quality</li> <li>• Safe handling practices</li> </ul>
<p><b>Pandemics: Understanding The Unknown</b>  Facilitates employee understanding of the hazards of a pandemic by teaching safe procedures and necessary precautions, as well as what to do in the event of an outbreak. This program covers:</p> <ul style="list-style-type: none"> <li>• Infectious diseases and how they spread</li> <li>• Basic prevention methods</li> <li>• What to do if an outbreak occurs</li> </ul>	<p><b>Patient Lifting &amp; Transfer</b>  Teaches workers how to prevent risks and reduce the immense stress on a body in order to reduce injuries. This program covers:</p> <ul style="list-style-type: none"> <li>• Common injuries and hazards</li> <li>• Lift techniques</li> <li>• Body mechanics</li> <li>• Equipment aides</li> <li>• Assessment and algorithms</li> </ul>

<p><b>Pipeline Safety</b> Teaches how to work safely around pipelines, covering issues such as excavation safety, PPE, welding, and ergonomics. This program covers:</p> <ul style="list-style-type: none"> <li>• Limiting exposure to hazardous materials</li> <li>• Lockout/Tagout procedures</li> <li>• Working safely in confined spaces</li> <li>• Proper use of PPE</li> <li>• Best safety practices</li> </ul>	<p><b>Power Press</b> Addresses OSHA 29 CFR OSHA 1910.217 Helps improve safety among employees who work with or around a variety of power presses, including mechanical, hydraulic, pneumatic, and hydra-mechanical presses. Filmed in multiple industrial settings. This program covers:</p> <ul style="list-style-type: none"> <li>• Basic operations of power presses</li> <li>• Importance of machine guards and engineering controls</li> <li>• Safety measures for point of entry</li> <li>• Best safety practices</li> </ul>
<p><b>Power To Change 2-Part Series</b> Examines worker attitudes toward safety and how these attitudes impact their wellbeing on the job. A proven and effective behavior based training program. The two-part series includes:</p> <ul style="list-style-type: none"> <li>• Part 1 - Supervisor</li> <li>• Part 2 – Employee</li> </ul>	<p><b>PPE: Create the Barrier</b> Addresses OSHA 20 CFR 1910.132 Teaches best safety practices and an awareness of why personal protective equipment is essential for preventing accidents and injuries. This program covers:</p> <ul style="list-style-type: none"> <li>• Hazard assessment</li> <li>• PPE selection</li> <li>• PPE fit</li> <li>• Proper care and use of PPE</li> </ul>
<p><b>PPE: The Danger Zone</b> The training program grabs your workers' attention and addresses the issue of why PPE is so important. The unique approach we use in this program of best safety practices is sure to have your workers talking about it for months. And if your workers are talking about PPE, then they will be thinking about PPE and awareness is the first step towards preventing accidents and injuries.</p>	<p><b>PPE: The Defensive Line</b> Addresses OSHA 29 CFR 1910.132 Keeps workers informed of the correct way to wear PPE in order to avoid potential danger. This program covers:</p> <ul style="list-style-type: none"> <li>• Eye and face protection</li> <li>• Head protection</li> <li>• Hearing protection</li> <li>• Hand protection</li> <li>• Foot protection</li> </ul>
<p><b>Preventing Spills</b> Teaches workers how to spot possible spill situations and eliminate them before they occur. This program covers:</p> <ul style="list-style-type: none"> <li>• Identifying potential hazards</li> <li>• Handling hazardous materials</li> <li>• Maintenance procedures</li> </ul>	<p><b>Process Incident Investigation</b> Addresses OSHA 29 CFR 1910.119 Provides in-depth training on the methods and techniques investigative teams need to discover the true causes of an incident and to identify and recommend effective corrective actions. This program covers:</p> <ul style="list-style-type: none"> <li>• Evidence gathering techniques</li> <li>• Making recommendations to management</li> <li>• How to interview witnesses</li> <li>• How to document information</li> <li>• How to analyze details</li> </ul>

<p><b>Process Safety Management</b>  Addresses OSHA 29 CFR 1910.119  Teaches employees how each component of the Process Safety Management of Highly Hazardous Chemicals standard is an essential element in the prevention of catastrophic incidents. This program covers:</p> <ul style="list-style-type: none"> <li>• Employee participation and training</li> <li>• Managing change</li> <li>• Hot work permits</li> <li>• Emergency planning and response</li> <li>• Process safety information</li> <li>• Pre-startup safety review</li> <li>• Incident investigation</li> <li>• Contractor responsibility</li> <li>• Process hazard analysis</li> <li>• Operating procedures</li> <li>• Mechanical integrity</li> </ul>	<p><b>PSM &amp; RMP Awareness</b>  Addresses OSHA 29 CFR 1910.119 Process Safety Management &amp; EPA 40 CFR 68  Teaches the best safety practices for preventing a hazardous chemical re, explosion, or accidental release, as well as how workers can minimize damage if a spill occurs by protecting themselves, their workplace, and the people and environment beyond the facility. This program covers:</p> <ul style="list-style-type: none"> <li>• Process safety management overview and procedures</li> <li>• Risk management program overview and procedures</li> <li>• Best practices for working with or around highly hazardous chemicals</li> </ul>
<p><b>Radiation Safety</b>  Addresses OSHA 20 CFR 1910.1096 and 1910.97  Teaches workers how radioactive isotopes affect the body by explaining how much exposure is too much, and provides best safety practices when working around sealed radioactive sources and emitting devices. This program covers:</p> <ul style="list-style-type: none"> <li>• What radiation is and its potential hazards</li> <li>• Recommended maximum dosage by job function</li> <li>• Sealed sources containing radioactive isotopes</li> <li>• Using radioactive gauges</li> <li>• X-ray producing equipment</li> <li>• Measuring personal exposure levels</li> </ul>	<p><b>RCRA</b>  Addresses the Resource Conservation Recovery Act  Ensures workers are ready to protect the environment, their health and safety, and their company by training them to safely work with, and dispose of, hazardous waste. This program covers:</p> <ul style="list-style-type: none"> <li>• Identifying hazardous waste</li> <li>• Best safety practices</li> <li>• Hazardous waste regulations</li> <li>• Safely handling waste</li> <li>• Best management practices</li> </ul>
<p><b>Respiratory Safety 3-Part Series</b>  Addresses OSHA 29 CFR 1910.134 and ANSI Z88.2-1992  Establishes a solid and detailed foundation about the human respiratory system and how to best protect it on the job. Uses on-site footage, current industry topics, and the latest respiratory equipment to create an engaging learning experience. Multiple job situations are shown, demonstrating when a respirator is necessary and how to choose the correct respirator for the job. This 3-part series consists of:</p> <ul style="list-style-type: none"> <li>• Respirators: General Awareness</li> <li>• Respirators: Air Purifying</li> <li>• Respirators: Atmosphere Supplying</li> </ul>	<p><b>Rigging Safety</b>  Addresses OSHA 29 CFR 1926.251 and 1910.184  Ensures riggers are properly trained on all aspects of their job in order to prevent accidents and property damage. This program covers:</p> <ul style="list-style-type: none"> <li>• The role of the rigger</li> <li>• Types of slings</li> <li>• Safe work practices</li> </ul>

<p><b>Rigging: Specialized in Safety</b>  Addresses OSHA 29 CFR 1926.251 and 1910.184  Teaches riggers how to incorporate safety into everything they do, from equipment maintenance and selection to understanding safe load capacity and wearing the correct PPE. Ideal for environments where rigging work is performed; highlights multiple types of slings and equipment. This program covers:</p> <ul style="list-style-type: none"> <li>• Slings and equipment selection</li> <li>• Planning the lift</li> <li>• Best work practices</li> </ul>	<p><b>Road Rage</b>  Demonstrates real road situations and offers measures to reduce exposure to aggressive driving. Relevant for sales representatives, service people, delivery drivers, and anyone else who spends time behind the wheel. This program covers:</p> <ul style="list-style-type: none"> <li>• Specific, effective advice to avoid getting involved with an aggressive driver</li> <li>• What to do if you are the victim of aggressive driving</li> <li>• The importance of not indulging in aggressive driving yourself</li> </ul>
<p><b>Safety Orientation</b>  Helps develop respect and understanding for potential hazards found on the job by explaining that safe work practices and procedures are established to help support a positive safety culture. This program covers:</p> <ul style="list-style-type: none"> <li>• Personal protective equipment</li> <li>• Emergency evacuation procedures</li> <li>• Good housekeeping procedures</li> <li>• Chemical safety</li> <li>• Hazard communication</li> <li>• Signs, placards, and labels</li> <li>• Ergonomic awareness</li> </ul>	<p><b>Safety Teams</b>  Teaches the leadership and goal-setting skills essential for success, and shows how safety teams should apply those skills every day. This program covers:</p> <ul style="list-style-type: none"> <li>• The role of the safety team</li> <li>• Implementation and follow up</li> <li>• Communication skills</li> <li>• Individual and team responsibilities</li> <li>• Establishing clear objectives</li> </ul>
<p><b>Scaffolding Safety 2-Part Series</b>  Addresses OSHA 29 CFR 1926 Subpart L  Series includes:</p> <ul style="list-style-type: none"> <li>• Erecting and Dismantling</li> <li>• Safe Work Practices</li> </ul>	<p><b>Silica Safety Awareness</b>  Protects workers from the hazards of crystalline silica in order to avoid unnecessary illness and death. Workers receive detailed information about silica, exposures, and health effects. This program covers:</p> <ul style="list-style-type: none"> <li>• What is crystalline silica?</li> <li>• Common exposures to crystalline silica</li> <li>• The hazards of crystalline silica</li> <li>• What to expect in your workplace</li> <li>• Best safety practices</li> </ul>
<p><b>Skid Steer Loaders: Safety In &amp; Out</b>  Teaches the appropriate training and versatility of a skid-steer loader in order to avoid accidents and anticipate future hazards. Appropriate for workers excavating at a jobsite, tending livestock, laboring indoors, or removing snow. This program covers:</p> <ul style="list-style-type: none"> <li>• The pre-start inspection</li> <li>• Avoiding the biggest danger</li> <li>• Preventing rollovers</li> <li>• Best work practices</li> </ul>	<p><b>Slips, Trips, &amp; Falls</b>  Teaches important safety tips for eliminating fall hazards in their work environment, as well as information about fall protection equipment. Features professional stunts demonstrating falls in several environments. The program covers:</p> <ul style="list-style-type: none"> <li>• Good housekeeping</li> <li>• Picking up obstacles</li> <li>• Cleaning up spills</li> <li>• Eliminating hazards in the office environment</li> </ul>

<p><b>Static Electricity</b></p> <p>Teaches specific measures for eliminating or controlling the hazards of static electricity through work practices and engineering controls. Operations or procedures demonstrated include mixing and blending, roll operations, converting processes, cutting and coating, printing, and injection molding. This program covers:</p> <ul style="list-style-type: none"> <li>• What is static electricity?</li> <li>• Hazard recognition</li> <li>• Engineering controls</li> <li>• Best safety practices</li> </ul>	<p><b>Stormwater Management</b></p> <p>Complies with Clean Water Act Creates awareness of the contributing causes of stormwater pollution and teaches best practices to stay in compliance and keep the environment clean. This program covers:</p> <ul style="list-style-type: none"> <li>• What is stormwater?</li> <li>• The impacts of stormwater pollution</li> <li>• Stormwater program regulations</li> <li>• Best management practices</li> </ul>
<p><b>Street Smart 2-Part Series</b></p> <p>Comprehensive 2-part series drives home the importance of safe choices on the road and teaches skills and techniques that enable your employees to recognize and reduce hazards such as adverse road conditions, inclement weather, and the dangers of alcohol and drug use behind the wheel. This informative program is essential for all employees who operate a motor vehicle on and off the job. This series includes:</p> <ul style="list-style-type: none"> <li>• Driving Skills</li> <li>• Supervising Driver</li> </ul>	<p><b>Telescopic Forklifts: Stabilize Your Safety</b></p> <p>Ensures workers understand the additional risks that must be taken into account when working around or operating telescoping forklifts, which offer far more reach and lifting capacity than standard forklifts. This program covers:</p> <ul style="list-style-type: none"> <li>• What to do before starting up</li> <li>• Maintaining stability</li> <li>• Best work practices</li> </ul>
<p><b>Travel Safety</b></p> <p>Teaches traveling employees to be aware of their surroundings and common travel hazards at all times. Relevant to domestic, as well as international travelers. This program covers:</p> <ul style="list-style-type: none"> <li>• Pre-planning to avoid travel hazards</li> <li>• Personal security tips</li> <li>• How to minimize risk when driving, flying, and staying in hotels</li> </ul>	<p><b>TSCA 2-Part Series</b></p> <p>Addresses Toxic Substances Control Act Ensures compliance and safety when working with hazardous chemicals and substances. Employees will gain an understanding of the hazards associated with these chemicals and learn best practices, such as quality control and proper production processes, to protect against unreasonable risk to humans or the environment. This 2-part TSCA series includes:</p> <ul style="list-style-type: none"> <li>• TSCA: Best Practices</li> <li>• TSCA: Compliance</li> </ul>
<p><b>Valve Safety</b></p> <p>Helps ensure workers understand the best safety practices when operating on or around valves, in order to prevent strains, sprains, and incidents. This course covers:</p> <ul style="list-style-type: none"> <li>• Recognizing different types of valves</li> <li>• Identifying common valve hazards</li> <li>• Step-by-step valve risk assessment</li> <li>• Ergonomic issues related to valve safety</li> <li>• Best safety practices for working with valves</li> </ul>	<p><b>Warehouse Safety: Heads Up</b></p> <p>Teaches warehouse workers how to recognize common workplace hazards and risks they face every day. This program covers:</p> <ul style="list-style-type: none"> <li>• Proper lifting techniques</li> <li>• Basic ladder safety</li> <li>• Best practices for back safety</li> <li>• Working safely around conveyor belts and systems</li> <li>• Working safely around forklifts and powered lift trucks</li> </ul>

### Welding Safety

Addresses OSHA 29 CFR 1910.252 and 1917.152  
Teaches employees how to recognize and respect potential welding hazards by using best safety practices to prevent property damage and injury. This program covers:

- Types of welding
- Best safety practices
- PPE selection
- Special welding situations
- Fire prevention
- Purpose and procedures of a hot work permit
- Purpose and importance of ventilation

### Winter Driving

Helps keep drivers safe and reduce winter driving incidents. Relevant for all those who drive for a living. This program covers:

- Following and stopping distance
- Parking lots and potential hazards
- Braking safely
- Driving on inclines
- Braking and skid control
- Vehicle maintenance and inspection

### Workers' Compensation

Ensures that employees understand what workers' compensation is, how it works, and how it will benefit both themselves and the company. The program covers:

- The negative effects of workers' compensation fraud
- Benefits of workers' compensation

### Workplace Safety Observation 2-Part Series

Takes you step-by-step through the process of setting up and maintaining a safety observation program. If you already have a program in place, this two-part series is an excellent way to refresh your program and support its effectiveness. Series includes:

- Preparation
- Implementation

### Workplace Violence: Prevent the Threat

There are specific policies in place regarding how to avoid or respond to workplace violence that may differ among industries or types of workplaces; this program provides an awareness-level overview of the types and risk factors of workplace violence and how to avoid an incident. This program covers:

- Recognizing workplace violence
- Preventing workplace violence
- The stages of workplace violence